

JOHN R. LYNCH, Ph.D.
Licensed Clinical Psychologist
(804) 353-6700

Education and Licensure

Licensed Clinical Psychologist (1990-present)

Ph.D. Virginia Commonwealth University Counseling Psychology; APA approved (1989).

M.S. Virginia Commonwealth University Counseling Psychology.(1986)

M.S. Ed., Madison College. School Psychology (1975)

B.A. Randolph-Macon College. Life Sciences (1972)

Professional Experience

- Licensed Clinical Psychologist, Private Practice. 1990- Present
- Clinical Psychologist, PTSD Treatment Teach
- McGuire Veteran Administrative Medical Center, 1995 – present
- Licensed Clinical Psychologist, Virginia Psychiatric Group. 1990 - 1995
- Clinical Supervisor. Henrico County Mental Health Clinic, 1988-1990
- APA Approved Internship in Counseling Psychology. McGuire Veteran Administration Medical Center, 1987-1988
- Licensed Professional Counselor. The Next Step, Inc., Richmond,1984-1990
- Graduate Assistant. Virginia Commonwealth University, 1982-1985
- School Psychologist. Henrico County Schools, Highland Springs, 1982-1985
- Director of Pupil Personnel/School Psychologist. Fredericksburg 1979-1982
- School Psychologist. Caroline County and Stafford Public Schools Rappahanock Area Child Development Center. 1976-1979

Selected Presentations, Workshops and Courses

2005 – Present **PTSD Education Series:** Anger management, PTSD and family relationships; Physiology of PTSD; Resiliency and PTSD

2001 **Psychology of Men.** Undergraduate psychology course, Randolph-Macon College, Ashland, Va.

2000 **Diagnosis and Treatment of Masculine Depression.** Bon Secours Behavioral Health Services. Sponsored by the Virginia Society for Clinical Social Work

2000 **Working With Men in Crisis.** The Virginia Emergency Services Conference

1999 - 2000 **A Men's Retreat.** Sponsored by Shalom House

1999 **Ground Rounds, MCV.** New Perspectives on the Psychology of Men

1999 **The Pain Behind the Mask, New Treatment Approaches with Men.** Sponsored by the Virginia Society for Clinical Social Workers and the Virginia Chapter of the National Association for Social Workers

1998 **Adolescent Male Depression.** Sponsored by the Prince William County Office on Youth

1998 **Working with Clients with Personality Disorders.** Presented to Clinical Staff at Henrico Mental Health.

1997 **Gender Sensitive Counseling.** Presentation at the Virginia Counselor's Association.

1995 **Treatment of Patients with Post-Traumatic Stress Disorder.** Blab TV

1995 **Dissociative Disorders Training.** Conducted several workshops for treatment staff at

- Charter Westbrook Hospital, Richmond, Virginia.
- 1995 **Family Therapy Training.** Conducted 4 hour workshop for therapists at Chesterfield Community Services Board.
- 1995 **Stress Management.** Conducted 2 workshops for several hundred staff at Markel Corporation.
- 1994 **Substance Abuse and The Treatment of Men.** Workshop for Staff at Charter Westbrook Hospital, Richmond,

Scholarly Activities and Publications

Lynch, J (2004) When Anger Scares You, How To Overcome Your Fear of Conflict and Express Your Anger in Healthy Ways. New Harbinger, Oakland, Ca.

Lynch, J., & Kilmartin, C. (1999). The Pain Behind the Mask, Overcoming Masculine Depression. Haworth Press, Inc., Binghamton, New York.

Lynch, J., Glenn, R., & Hart, M. (1998). Successful Surgery, Getting Ready Getting Well. Self-published audio tape series.

Lynch, J. (1991). Women, Anger, and Resistance. Virginia Counselors Journal, 19,38.

Lynch, J. (1989). An Analysis of the Relation of Self-Reported Symmetrical/Complementary Marital Style to Observed Interaction Behaviors. Doctoral Dissertation, Virginia Commonwealth University.

Lynch, J. (1986). An Analysis of the Relationship Between Low Object Assembly Scores on the WISC-R, Children's Focus of Central Scores, and Parenting Styles and Attitudes. Master's Thesis, Virginia Commonwealth University.

Lynch, J. (1980). Curriculum Based Assessment and Diagnostic Instrument. Fredericksburg City Public Schools.

Professional Memberships

American Psychological Association

Society for the Psychological Study of Men and Masculinity