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Adult Registration Form

All Information will be treated confidentially

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone Numbers: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

SS# \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Gender \_\_\_\_\_

Occupation: \_\_\_\_\_ Highest Education Level: \_\_\_\_\_

Employer: \_\_\_\_\_ Who referred you to me? \_\_\_\_\_

In Emergency, notify: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Physician's Name and number: \_\_\_\_\_

Date of last Doctor's visit: \_\_\_\_\_ Purpose: \_\_\_\_\_

Current or Chronic Illnesses: \_\_\_\_\_ General Health: Good Fair Poor

Current Medications: \_\_\_\_\_

**If you want to use your insurance, this information needs to be complete and accurate.**

Subscriber's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Employer: \_\_\_\_\_ Subscriber ID # \_\_\_\_\_ Your ID Number: \_\_\_\_\_

Primary Insurance Company: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_ ID# \_\_\_\_\_

Subscriber's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**If you have received Mental Health services or treatment in the past:**

Name of Therapist: \_\_\_\_\_ Dates of treatment: \_\_\_\_\_

Major reason for seeking help at this time: \_\_\_\_\_

Please add any other information you feel might be helpful: \_\_\_\_\_

Please check  any of the following concerns that pertain to you: (Use "other" below if this checklist does not apply to you)

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Academic concerns  | <input type="checkbox"/> Finances             | <input type="checkbox"/> Memory            | <input type="checkbox"/> Sexual assault    |
| <input type="checkbox"/> Alcohol use        | <input type="checkbox"/> Friends              | <input type="checkbox"/> Moodiness         | <input type="checkbox"/> Sexual identity   |
| <input type="checkbox"/> Anger control      | <input type="checkbox"/> Gender issues        | <input type="checkbox"/> Motivation        | <input type="checkbox"/> Sexual problems   |
| <input type="checkbox"/> Appetite           | <input type="checkbox"/> General anxiety      | <input type="checkbox"/> My thoughts       | <input type="checkbox"/> Shyness           |
| <input type="checkbox"/> Assertiveness      | <input type="checkbox"/> GLBTQ issues         | <input type="checkbox"/> Need for approval | <input type="checkbox"/> Sleep problems    |
| <input type="checkbox"/> Career choice      | <input type="checkbox"/> Grief/Loss           | <input type="checkbox"/> Nightmares        | <input type="checkbox"/> Social anxiety    |
| <input type="checkbox"/> Concentration      | <input type="checkbox"/> Guilt                | <input type="checkbox"/> Parents           | <input type="checkbox"/> Spirituality      |
| <input type="checkbox"/> Conflict           | <input type="checkbox"/> Harassment           | <input type="checkbox"/> Perfection        | <input type="checkbox"/> Stress issues     |
| <input type="checkbox"/> Depression         | <input type="checkbox"/> Headaches            | <input type="checkbox"/> Physical fights   | <input type="checkbox"/> Study skills      |
| <input type="checkbox"/> Digestive troubles | <input type="checkbox"/> Health problems      | <input type="checkbox"/> Procrastination   | <input type="checkbox"/> Suicidal thoughts |
| <input type="checkbox"/> Drug use           | <input type="checkbox"/> Homesickness         | <input type="checkbox"/> Racial issues     | <input type="checkbox"/> Test anxiety      |
| <input type="checkbox"/> Eating behavior    | <input type="checkbox"/> Hyperactivity        | <input type="checkbox"/> Relationships     | <input type="checkbox"/> Trauma            |
| <input type="checkbox"/> Family stress      | <input type="checkbox"/> Identity concerns    | <input type="checkbox"/> Roommate problems | <input type="checkbox"/> Trust issues      |
| <input type="checkbox"/> Fatigue            | <input type="checkbox"/> Inferiority feelings | <input type="checkbox"/> School work       | <input type="checkbox"/> Unhappiness       |
| <input type="checkbox"/> Fears              | <input type="checkbox"/> Legal matters        | <input type="checkbox"/> Selecting major   | <input type="checkbox"/> Victim of crime   |
| <input type="checkbox"/> Feeling helpless   | <input type="checkbox"/> Loneliness           | <input type="checkbox"/> Self-control      | <input type="checkbox"/> Violent thoughts  |
| <input type="checkbox"/> Feeling hopeless   | <input type="checkbox"/> Making decisions     | <input type="checkbox"/> Separation issues | <input type="checkbox"/> Work issues       |

**Other concerns:**

\_\_\_\_\_  
\_\_\_\_\_

**Medical History:**

Appetite Disturbance \_\_\_\_\_ Sleep Disturbance \_\_\_\_\_ Seizures \_\_\_\_\_ Allergies \_\_\_\_\_

Head Trauma \_\_\_\_\_ Other \_\_\_\_\_ Hospitalizations \_\_\_\_\_

**Name 2 specific goals you would like to work on in counseling:**

(1) \_\_\_\_\_

(2) \_\_\_\_\_

**Members of your immediate family:**

Name(s)	Age	Relationship	Occupation
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please describe any difficulties that have been present in your family of origin or extended family, such as learning difficulties, alcoholism, violence, mental health problems, etc. \_\_\_\_\_

\_\_\_\_\_

Any other information that would be relevant for your treatment or that you would like me to know \_\_\_\_\_

\_\_\_\_\_

Note: Initial and ongoing treatment sessions are 45 minutes. The fee for all sessions is \$100. Payment is requested at the time services are rendered. If you wish to make other arrangements, please discuss them with me at our first appointment.

Date: \_\_\_\_\_ Signature of Person Responsible for Payment \_\_\_\_\_