

I am an established clinical psychologist who is currently offering executives and other high-level leaders with *Psychotherapy On-Site (POS)*. For the first time, leaders in the Richmond area can receive psychotherapy services in their office during the work day.

I have been in private practice in Richmond since 1991 and my clients have included leaders in corporate, commercial and governmental agencies. In addition to anxiety and depression, my specialty areas include men's issues, stress and conflict management, couples therapy/relationship issues, and trauma recovery. I have published books on men's issues and conflict management (*The Pain Behind the Mask: Overcoming Masculine Depression* and *When Anger Scares You*) and have developed a series of audiotapes to assist people with surgery recovery, sleep disorders, and anxiety. My expertise in these areas has drawn local and national media attention. In addition to my private practice, I also provide P.T.S.D. services to our returning combat veterans at McGuire Veteran Administration Medical Center.

POS services include brief or longer-term individual psychotherapy and problem-focused consultation. POS is a secure and confidential service. To ensure confidentiality, insurance claims are not filed making this a fee-for-service transaction only. Sessions are fifty-minutes. If executive or management level staff would benefit from POS, or if you need more information, please call 804.353.6700.